

HOME, BUT NOT ALONE

Connecting volunteers and vulnerable people in Suffolk

Need help from a volunteer?

Call: 0800 876 6926

Kind of things a volunteer might help with:

- ▶ Collecting essential groceries or medicines
- ▶ Give you a call if you're feeling lonely or would just like a chat
- ▶ Check in on elderly or vulnerable family members or neighbours

#Covid19Suffolk